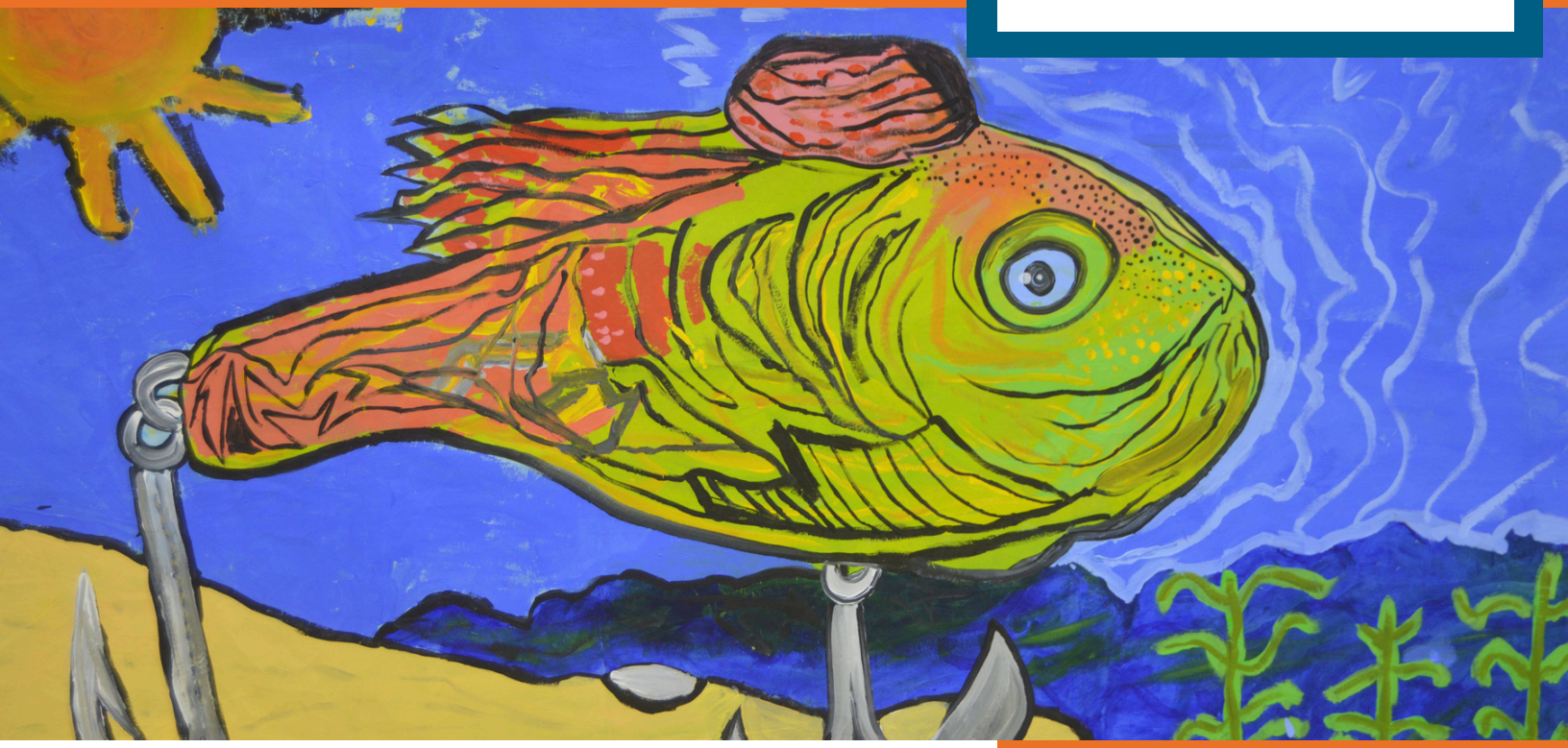
RECREATION NEWSLETTER

November 2026

The Arc of Atlantic County



ARTISTS COMPLETE MURALS FOR RESIDENTIAL DISPLAY

Individuals have been working with local mural artist John Morris to complete a series of murals that will be displayed in the backyard of one of The Arc Residential properties.

The common theme throughout each piece is a fishing lure. “Just as a lure attracts fish with its colors and movement, The Arc brings people of all abilities together, fostering inclusion and belonging. A lure also guides fish toward their destination, much like The Arc guides individuals and families to resources, advocacy, and support to reach their goals,” said Morris.

“The line that connects the lure represents the strong community connections The Arc builds across families, chapters, and services,” Morris continued. “And like a lure that adapts to different waters, The Arc and the people it serves, show resilience and strength in navigating life’s challenges.”

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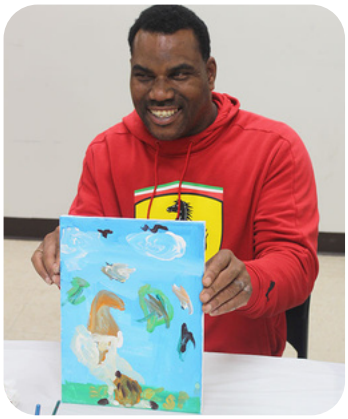
RECREATION SPOTLIGHT:

Reminder: Please sign up online or fill out the recreation form and submit ahead of time. Do not show up for a class if you have not registered in advance.

Additionally, please pay close attention to the costs associated with each class and make sure you are paid before attending. If you’re unsure of in-house transfers vs. self-pay, call 609.485.0800 x 164.

RECREATION HIGHLIGHTS



Special Olympics Basketball Registration

Basketball

Basketball sign ups for The Arc Attacks are officially open! Please plan to register early so that you have time to complete and submit all required health forms and paperwork before practices begin.

☐ New Player ☐ Returning Player

Shirt Size: ☐ Small ☐ Medium ☐ Large ☐ XL ☐ 2XL ☐ 3XL ☐ 4XL

Please see important information below regarding shirt replacement for returning players.

Athlete's Name: _____ Date of Birth: _____ Age: _____

Address: _____ City: _____ Zip Code: _____

Email: _____ Phone: _____

Parent/Guardian Name: _____

Emergency Contact: _____ Phone: _____

SCHEDULE & PRACTICE INFORMATION:

Practices will be held on Tuesdays from 6:00 pm - 8:00 pm at the Atlantic County Institute of Technology (ACIT), located at 5080 Atlantic Ave, Mays Landing, NJ 08330. If you are interested in joining the team, please complete this form and return it as soon as possible. Practices will begin in December.

DECEMBER 1ST 6:00 PM – 8:00 PM
DECEMBER 8TH 6:00 PM – 8:00 PM
DECEMBER 15TH 6:00 PM – 8:00 PM
JANUARY 12TH 6:00 PM – 8:00 PM
JANUARY 19TH 6:00 PM – 8:00 PM
JANUARY 26TH 6:00 PM – 8:00 PM
FEBRUARY 9TH 6:00 PM – 8:00 PM
FEBRUARY 16TH 6:00 PM – 8:00 PM
FEBRUARY 23RD 6:00 PM – 8:00 PM
MARCH 2ND 6:00 PM – 8:00 PM
MARCH 9TH 6:00 PM – 8:00 PM
MARCH 16TH 6:00 PM – 8:00 PM

Please note, practices will not be held on December 22 and 29, January 5, or February 2. Game schedules will be sent out to you or your coach will call/message you with details. Stay alert for updates!

IMPORTANT INFORMATION:

The composition of a team, including substitutes, may not exceed 10 players. If interest in joining the team exceeds 10 players, the Recreation Program will host try-outs on the first practice so that everyone is given the opportunity to play.

This form must be given to Katie Keppel in order for athletes to be placed on the roster!

Individual health forms are now digital only. Athletes will need to create an account here and complete the checklist. If you need assistance accessing the portal or completing health forms, please contact Katie Keppel at recreation@thearcatlantic.org or 609.485.0800 x 164.

Special Olympics Bowling Registration

Bowling

Bowling season is right around the corner and sign ups are officially open! Please plan to register early so that you have time to complete and submit all required health forms and paperwork before practices begin.

☐ New Player ☐ Returning Player

Shirt Size: ☐ Small ☐ Medium ☐ Large ☐ XL ☐ 2XL ☐ 3XL ☐ 4XL

Please see important information below regarding shirt replacement for returning players.

Athlete's Name: _____ Date of Birth: _____ Age: _____

Address: _____ City: _____ Zip Code: _____

Email: _____ Phone: _____

Parent/Guardian Name: _____

Emergency Contact: _____ Phone: _____

SCHEDULE & PRACTICE INFORMATION:

Practices will be held on Saturdays from 9:00 am - 12:00 pm at King Pin Bowling Alley, located at 6622 Black Horse Pike, Egg Harbor Township, NJ 08234. Athletes should arrive by 8:45 am for check in and lane assignment. Once the athlete is signed in, they may retreive their bowling shoes and bowling ball. When finished, they will report to their assigned lane for practice.

DECEMBER 5TH 9:00 AM – 12:00 PM
DECEMBER 12TH 9:00 AM – 12:00 PM
DECEMBER 19TH 9:00 AM – 12:00 PM
JANUARY 9TH 9:00 AM – 12:00 PM
JANUARY 16TH 9:00 AM – 12:00 PM
JANUARY 23RD 9:00 AM – 12:00 PM
JANUARY 30TH 9:00 AM – 12:00 PM

Please note, practices will not be held on December 26 or January 2, in observance of the holidays.

COMMITMENT & REQUIREMENTS:

All athletes must have bowled a total of 15 games to qualify for the competitions. That means you must attend five practices in order to move forward. Scores will not be accepted from games bowled unless at least one bowling coach is present at the time the athlete has bowled.

IMPORTANT INFORMATION:

If you are new to the team or do not currently have The Arc branded bowling shirt, please make sure to include your preferred size shirt when registering.

If you are a returning bowler, please make sure you have your bowling shirt and that it is ready for the upcoming season. Please do not request a new shirt unless you absolutely need it.

Individual health forms are now digital only. Athletes will need to create an account here and complete the checklist. If you need assistance accessing the portal or completing health forms, please contact Katie Keppel at recreation@thearcatlantic.org or 609.485.0800 x 164.

Recreation Registration Instructions

November 2026

HOW DO I SIGN UP?

Visit the Recreation Page to sign up online or use forms below and check the date of each activity you'd like to attend, along with the payment method. The cost shown applies to each date, not the series.

Participants must register with Recreation **BEFORE** attending any activity. Participants using their Individual Service Plan (ISP) budget must contact their support coordinator to have units built into their plan and have an approved ISP and service authorization **PRIOR** to attending any recreation program.

Classes should be paid for at the time of registration unless you have made arrangements with Katie in advance. Individuals who reside in The Arc of Atlantic County's group homes or supervised apartments, and have made The Arc their representee payee do not have to pay in advance. The cost of the activity will be trasferred from their account to Recreation.

WHERE DO I SUBMIT FORMS & PAYMENT?

Please mail or drop off completed registration forms, **WITH PAYMENT**, to:

The Arc of Atlantic County
Attn: Recreation Registration
6550 Delilah Road, Suite 101
Egg Harbor Township, NJ 08234

Completed forms may also be emailed to Katie Keppel at recreation@thearcatlantic.org.

WHAT HAPPENS NEXT?

Keep a copy of the activities you signed up for or mark your calendars to track your participation.

If you don't hear from us, you are registered for the activity. If a class is full, you will be put on a waiting list. We will notify you in advance if space becomes available.

FOR MORE INFORMATION:

Katie Keppel
Recreation Coordinator
The Arc of Atlantic County
609.485.0800 x 164

NEVER MISS AN ISSUE!

Get the Recreation Newsletter delivered to your inbox! Email **recreation@thearcatlantic.org** to subscribe.

Recreation Registration Form

Participant's Name: _____ Date of Birth: _____

Address: _____ City: _____ Zip Code: _____

Email: _____ Phone: _____

Allergies: _____

Emergency Contact #1: _____ Phone: _____

Emergency Contact #2: _____ Phone: _____

November Recreation Activities

Activity	Dates Check all Attending	Support Program Units Needed for Each Date	Cost of the Activity with Support Program Units	Self-Pay Cost for Each Date	In House Transer Cost for Each Date	Total
CARDS WITH HEART 6:00 pm - 7:00 pm Delilah Road Office *Make cards for Veterans Day & Thanksgiving.* Limited to 20 people.	☐ Nov 5	4 Respite	☐ $7.00	☐ $14.00	☐ $14.00	$
MINI PUMPKIN PIES 6:00 pm - 7:30 pm Delilah Road Office Limited to 15 people.	☐ Nov 9	6 Respite	☐ $9.00	☐ $18.00	☐ $18.00	$
NOYES ARTS GARAGE CLASS 6:00 pm - 7:00 pm Delilah Road Office Limited to 15 people.	☐ Nov 10		No Charge	No Charge	No Charge	No Charge
ZUMBA 6:00 pm - 7:00 pm Delilah Road Office *Move, groove, feel great!*	☐ Nov 12 ☐ Nov 19	4 Respite 4 Respite	No Charge No Charge	☐ $10.00 ☐ $10.00	☐ $10.00 ☐ $10.00	$
BOOKMARK & PEN MAKING CLASS 6:00 pm - 7:00 pm Delilah Road Office Limited to 20 people.	☐ Nov 16	4 Respite	☐ $9.00	☐ $18.00	☐ $18.00	$
APPLE-ICIOUS CREATIONS 6:00 pm - 7:30 pm Delilah Road Office *Allergy Alert: Chocolate & nuts will be present!* Limited to 15 people.	☐ Nov 18	4 Respite	☐ $8.00	☐ $16.00	☐ $16.00	$
THANKSGIVING DOOR HANGERS 6:00 pm - 7:30 pm Delilah Road Office Limited to 15 people.	☐ Nov 24	6 Respite	☐ $12.00	☐ $24.00	☐ $24.00	$
DIAMOND ART KEYCHAINS 6:00 pm - 7:00 pm Delilah Road Office Limited to 20 people.	☐ Nov 25	4 Respite	☐ $8.00	☐ $17.00	☐ $17.00	$
★ **NEW LOCATION** ★ **BINGO AT THE ARC** 6:00 pm - 7:30 pm Delilah Road Office	☐ Nov 30	6 Respite	No Charge	☐ $5.00	☐ $5.00	$

NOVEMBER 2026

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5 CARDS WITH HEART 6:00 - 7:00 pm	6	7
8	9 MINI PUMPKIN PIES 6:00 - 7:30 pm	10 NOYES ARTS GARAGE CLASS 6:00 - 7:00 pm	11	12 ZUMBA 6:00 - 7:00 pm	13	14
15	16 BOOKMARK & PEN CRAFT 6:00 - 7:00 pm	17	18 APPLE-ICIOUS CREATIONS 6:00 - 7:00 pm	19 ZUMBA 6:00 - 7:00 pm	20	21
22	23	24 THANKSGIVING DOOR HANGER 6:00 - 7:30 pm	25 DIAMOND ART KEYCHAINS 6:00 - 7:00 pm	26 Happy Thanksgiving	27	28
29	30 BINGO @ THE ARC 6:00 - 7:30 pm	Notes				